



WHITE LIGHT CRYSTALS, BOOKS, AND ANGELS

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****LAURALEI'S CHANNELED BOOKS CAN BE DOWNLOADED ON AMAZON KINDLE FOR \$8.**

* GET AUDIO & MP3 DOWNLOADS of Spirit Guide Lectures hear Oden, St. Francis, Michael, Uriel, and Gabriel speak on UNIVERSAL MATTERS!!

LAURALEI'S OPEN REMOTE CHANNELING SESSIONS VIA ZOOM ALL WELCOME!

Everyone is welcome, come and hear an Ascended Master speak thru Lauralei, each participant may ask 5 minutes of questions and Lauralei will channel a message for the group.

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GROUP CHANNELINGS FOR APRIL VIA ZOOM

- **THURS. APRIL 13 at 6:15 PM- JERAMIE-\$20**
- **THURS. APRIL 20 at 6:15 – ARIEL- \$20**
- **THURS. APRIL 27 at 6:15 – ODEN-\$20**

MESSAGE FROM LAURALEI - JERAMIE- STRESS LECTURE:

There is in the body, a tendency to have stress tension in the neck and the shoulders and we all know that. You have also all been programmed since early childhood to have stress in your neck and shoulders. They even have commercials and things that are like oh I am stressed or whatever. So, the first thing that we want to do is get rid of the thought form that stress collects in our necks and shoulders. And then we want to get rid of the thought form that we must have stress. Stress is a term that has come up in the last several hundred years or so and before that it was called hard work. And now we call it stress in our neck and shoulders. Usually if we pain or discomfort, it was from working hard and most of that work was done in conjunction with God and with the Planet. The planet providing for us, us working with the planet and in harmony and not polluting the planet but using that which we took completely and totally. In this day and age there is such a waste of that energy, that energy does need to go somewhere. And we have a tendency to collect excess energy that we do not utilize and if we took just 10 or 15 minutes a couple of times a day and looked at the excess energy because we are sitting at our desks, we are not planting the field, we are not harvesting the grapes. We are not knelt in prayer. So, we are instead looking at a television or a computer or something and the energy that is part of our life force and is supposed to be utilized with that life force is lying dormant in our energy field or aura. So, if we would take just a few moments every day and channel that raw life force energy into a productive avenue. For a moment, pretend that you are a bee keeper and see yourself sending medicine or healing to the bees with that energy or see yourself as a farmer and with that energy, use it to fertilize the planet or the earth so that it will grow better food. Do with that energy what it was meant for and then it will not collect as a burden among your head and neck and shoulders. Instead it will go where it was supposed to go because all of us have been given a certain amount of life force energy to give back into the planet every day and we don't do that and I think that if we all take a moment and see yourself either planting seeds into the earth or see yourself mixing fertilizer into the farm or garden. Or see yourself nourishing animals, I think it can feel that burden and heaviness around your neck and shoulders dissipate and become lighter. Communication with a non-verbal life form is a little bit different than communication with words- the best form of communication of course is complete thought or telepathy. With animals you will find that they are highly intuitive and very able telepathically to communicate not just with one another but with the plants around them. If you watch an animal that is sick, we call it instinct but wouldn't it be more logical that the animal can call out and say this is what I have, who can fix me? And then a plant volunteers' part of their life force for that animal.

The same is true of native American's, they did a lot of watching animals communicate with plants and they themselves then begin to hear the plants response and begin to hear the animal's conversations. Not just among themselves but with the plants. And they saw how the plants sacrificed part of their life force energy so that the animal would be able to

live. And they put that principle into their own practices. On a telepathic wavelength they would call out to the animals that were willing to sacrifice their life force energy for the Native American to live so there's complete balance and choice in both the killing of either a plant or the killing of an animal. We no longer have that so a lot of animals do not choose to communicate with people now. If you reach a state of asking the plants and animals for the sacrifice to your life force energy by giving up theirs. If you get to a state where you can love both the soul and the spirit of those plants and animals whether they have sacrificed themselves for you or not. Then we can get to a place where they will communicate with you. The communication is in complete thought but very detailed and in its totality very comprehensive and loving and easy to understand. So, giving thanks for your food before you eat it, is always good, giving thanks to God is always good but don't leave out the middle man. Give thanks to the plants that sacrificed for your well-being, is just as important. Let's not take anything but what comes from food. Because when we over take things the body cannot physically digest it in the amount of time that it has before it must move it somewhere. And as a result, we can move it and place it in different places in the body and that can interfere with the communication of one aspect of the body to another because there is a substance between it. Much in the way that we make fat to protect ourselves, it can be a similar analogy.

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WHAT IS ODEN REIKI? TAKE USUI & ODEN REIKI FOR ONE PRICE! How does Oden Reiki Work? Everything alive has a Life Force Energy, Aura or Shield around it. We know it can be photographed and we think many intuitive people can see it. What exactly is this shield and what is its function while we exist on the physical plane? The Aura is a series of rings of energy that encircle and nourish our physical and spiritual bodies. The inner ring usually remains the same color in our lives and it is the vibrational frequency we used to enter this physical plane. The middle and outer rings change frequently. The patterns and colors contain all we are, all we have experienced and everything we are about to. This is what a clairvoyant often tunes into when reading a person. If we have any kind of dark or heavy pattern in our middle or outer auras, we might have a corresponding condition in our physical, mental or emotional bodies. Rather than pulling the energy out or pouring light into it, Oden Reiki matches the frequency of such energy, surpasses and then shatters it. Much in the same way Ella Fitzgerald did in the 1960's Memorex Commercials, when she shatters a glass by hitting a high note. In easy terms, Oden Reiki is instantly in its results to purify the Aura, or Life Force Energy Field of anyone or anything. Within minutes the offending energy pattern no longer exist as it was, it has been shattered to raw energy to be returned to the first spiritual plane of Energy. This in turn can cause drastic and instant changes in the physical body.

***HOW TO PROGRAM A CRYSTAL:** Crystals grow. Crystals have a natural pulse; because they are always growing, this pulse makes them ideal to energize all electronics, including your watch, computer, radio, etc. This pulse can be heard on a subconscious level. It is possible to place a thought in a crystal and it will pulse that thought to your subconscious brain. Since the subconscious brain believes & incorporates whatever it hears repeatedly, you can make positive changes in your life by using crystals. Sit quietly, place the crystal in your right hand, and holds it to your third eye. Visualize and repeat what you want to change in the crystal. Does it for at least 3-5 minutes, and then the thought withholds? Send love to the thought and the crystal. Surround the crystal with gold light, place by your bed or desk, somewhere where you spend a lot of time & let it do its work!

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